

POCKET COMFORT

By Liz Sedmak (completelyhooked)

This is a pocket-sized version of the original Comfort and Cuddle pattern, meant to be donated to children who are inpatient at psychiatric facilities.

If you would like to donate a Pocket Comfort, please see the donation information on the [Comfort and Cuddle website](#), or join us in our [Ravelry group](#). Please note that for the safety of the children, Pocket Comforts **MUST** meet all the requirements on the Pocket Comforts page of the website. Please read those requirements before knitting.

SIZE

Approximately 4" x 5"

YARN REQUIREMENTS

40 yards (10g) fingering weight yarn, containing at least 75% superwash wool

OTHER MATERIALS

US 2 (2.75mm) knitting needles
Needle for weaving in ends

GAUGE

7 stitches and 11 rows = 1" in stockinette

PATTERN

CAST ON

Cast on 28 stitches.

BOTTOM BORDER

Knit 7 rows.

Next Row: knit 3, purl 22, knit 3.

BODY

Rows 1-3: knit all stitches.

Row 4: knit 3, purl 22, knit 3.

Work Rows 1-4 a total of 13 times.

TOP BORDER

Knit 6 rows.

BIND OFF AND FINISHING

Bind off all stitches. Cut yarn and pull through last loop. Weave in ends **securely** and block to ensure piece lies flat. See the [Comfort and Cuddle website](#) for tips on weaving in ends and blocking.