

COMFORT AND CUDDLE (COMFORT SIZE)

By Liz Sedmak (completelyhooked)

I designed this blanket while my eleven-year-old son was inpatient at a children's psychiatric hospital because of his depression. No visitors were allowed because of COVID, and I wanted to send him something that had a mother's unconditional love in every stitch.

If you would like to donate a Comfort, please see the donation information on the [Comfort and Cuddle website](#), or join us in our [Ravelry group](#).

DIMENSIONS

Approximately 10" x 15"

YARN REQUIREMENTS

Color A: 150 yards worsted weight yarn

Color B: 150 yards worsted weight yarn

Hold one strand of Color A and one strand of Color B together throughout.

MATERIALS

US 15 (10.0 mm) knitting needles

Needle for weaving in ends

GAUGE

11 stitches and 14 rows = 4" in stockinette stitch.

PATTERN

CAST ON

Cast on 28 stitches.

BOTTOM BORDER

Knit 5 rows.

Next Row: knit 3, purl 22, knit 3.

BODY

Rows 1-3: knit all stitches.

Row 4: knit 3, purl 22, knit 3.

Work Rows 1-4 a total of 11 times.

TOP BORDER

Knit 4 rows.

BIND OFF AND FINISHING

Bind off all stitches. Cut yarn and pull through last loop. Weave in ends and block if desired.